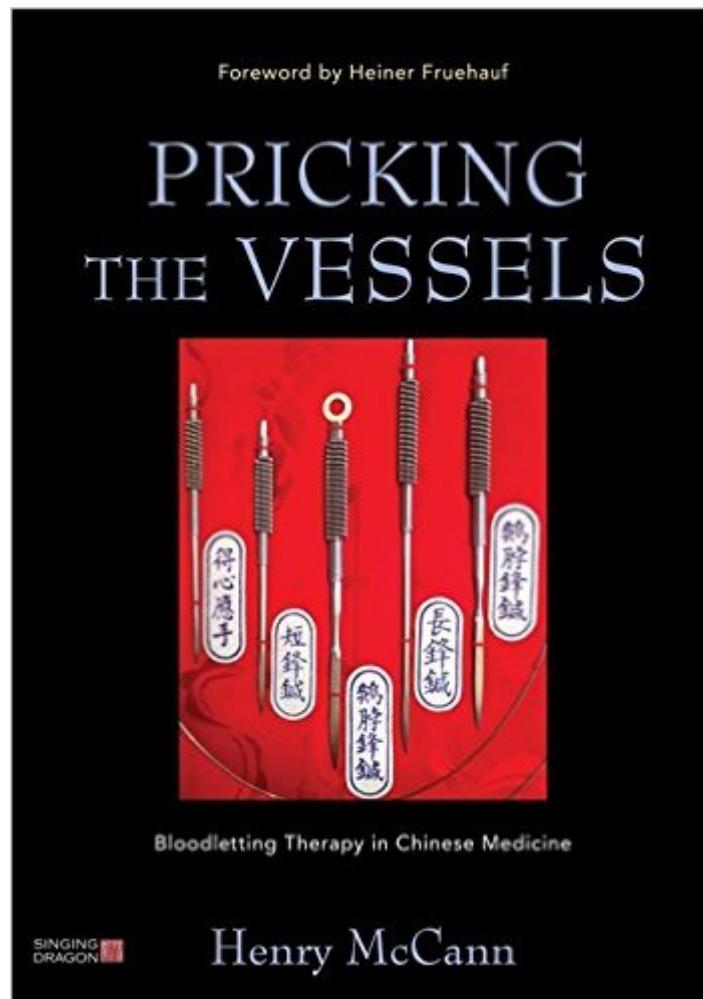


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# Pricking The Vessels: Bloodletting Therapy In Chinese Medicine



## Synopsis

The first text on bloodletting therapy for Western practitioners of Chinese medicine, this authoritative text explores the theory and function of bloodletting, and provides detailed instruction on its clinical use. Bloodletting therapy, which works to remove internal and external disruptions to the system through the withdrawal of small quantities of blood, has numerous benefits, especially concerning the treatment of complex or chronic disease. Yet the technique is often met with alarm in the West and side-lined in favour of less controversial treatments such as fine-needle acupuncture, and moxibustion. This book provides a concise overview of its theory, historical and contemporary relevance, and clinical guidance. With detailed reference to the classic texts, the author clarifies the fundamental Chinese medical theory related to blood and the network vessels, and provides an in-depth discussion of the benefits of and practice guidelines for bloodletting. The book includes a chapter on the classical acupuncture techniques of Tung Ching Chang whose work is attracting increasing attention in the West. Through the exploration of classic texts and contemporary standards, the book provides everything needed to gain a comprehensive understanding of the technique and to encourage its use as a viable treatment option in the West. It will be an invaluable addition to the resources available for acupuncturists, as well as students and practitioners of Chinese medicine more generally, including those interested in all Chinese approaches to health.

## Book Information

Paperback: 168 pages

Publisher: Singing Dragon; 1 edition (February 21, 2014)

Language: English

ISBN-10: 1848191804

ISBN-13: 978-1848191808

Product Dimensions: 7 x 0.4 x 10 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

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## Customer Reviews

This excellent book provides historical context, theory, practical instructions, and points used for

bloodletting. This ancient practice is now rarely taught in acupuncture schools. Dr. McCann also includes treatment protocols, and Tung lineage points. Dr. McCann has written a helpful book for trained practitioners of Asian medicine.

A truly well written and systematically organized resource book for serious acupuncture therapists. The book delineates all the Tung points, specific indications for bleeding and very precise disease specific prescriptions. The book has been written with professional acupuncturists in view, who can use the power of bleeding therapies to make excellent progress with the standard needle based therapies. The illustrations are also clear and unambiguous.

I love this book and refer to it regularly in my practice, it is wonderfully explained with reference to the ancient texts and how to bring this therapy into your skill mix. I was lucky to have attended studies with Dr McCann whose teaching of Tungs Acupuncture has brought me to a new level of healing ability. This book helps to make it all make sense.

This is an excellent book in my opinion (and I have to admit I'm a bit biased because I'm the author!). However, the book is currently in print, and this price for the used version is way, way too high. Please search here on [Amazon](#) and you'll find the current new book for a much better price.

The great thing about this book is that clinically it will completely take your clinical practice to the next level. I highly recommend with this book and to watch Henry's elotus seminar as well on blood letting. This is such critical information as we are basically not even taught how to do this effectively. Henry clearly explains the Tung's lineage and imaging that relates to these points! I have applied these techniques for varies conditions and have been absolutely mind blown with the results, not just me my patients as well. This book has bridged a huge gap in our contemporary education. It is no wonder that master Tung's clinical successes was to do with bleeding! I strongly urge practitioners to get confident with these techniques as patients with chronic pain will love you for it!

Excellent, concise, written with brevity of style, historically supported, and clinically useful! Wish there were more books on this subject and as well written on any subject.

I haven't got the book, but I did study with Dr. McCann and use his techniques with unfailing good results. I expect that this book does a good job of educating those practitioners who are not as lucky

as I was to learn in person. I highly recommend understanding the benefits of bleeding. I know it is a frequently stated "fact" that Americans will not accept the concept of being bled, but I have found exactly the opposite, especially once I explain it. My patients - those who need it and to whom I have explained why - are actually eager to try it and like I said, the results are always positive.

Great resource for blood letting therapy.

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